

MONTHLY NEWSLETTER

JANUARY 2025 - ISSUE #1

PRIMARY WELLBEING C.I.C NEWSLETTER

A MESSAGE FROM THE DIRECTOR OF STRATEGIC SERVICES



Dear Friends and Supporters,

As we enter the new year, I am thrilled to share the incredible progress of Primary Wellbeing C.I.C since our journey began in March 2023. Your support has been instrumental in helping us achieve so much in such a short time.

The Difference We've Made

Since our inception, we have:

- Delivered over **350** therapeutic sessions and **115** early intervention sessions.
- Supported **40** children and young people across Nottinghamshire.

These achievements underscore the importance of early mental health intervention and the power of collaboration in creating lasting change.

Our Key Achievements

- **Securing Core Funding:** We are proud to have secured three years of core funding from Children in Need, which will sustain and grow our services for years to come.
- **Additional Grant Support:** A generous £3,000 grant from The Thomas Farr Charity is helping us expand our reach.
- **Building Our Team:** To meet increasing demand, we've recruited a Play Therapist, two Wellbeing Practitioners, and a volunteer Social Media Manager to enhance our impact and communication efforts.
- **The SPARK Initiative:** This innovative program has launched successfully, focusing on early intervention to build resilience and confidence in children and young people.

As we move forward, our focus remains on expanding our services, developing new initiatives, and continuing to provide high-quality mental health support. Together, we can ensure that every child and young person has the tools and support they need to thrive.